

BASIC LIFE SUPPORT FLOW CHART

**D**

Check for **DANGER**

Hazards / Risks / Safety?

R

Check if **RESPONSIVE**

If not,
Call 000
Ask for Ambulance

A

Open **AIRWAY**
look for signs of life

SIGNS OF LIFE =
Conscious or Responsive or
Breathing Normally or Moving

B

Give 2 initial **BREATHS**
if not breathing properly

C

Give 30 chest **COMPRESSIONS**
(almost 2 compressions per second) Followed by 2 breaths

Continue Cardio Pulmonary Resuscitation until qualified personnel arrive or signs of life return

----- (if available and trained in defibrillator use) -----

D

Attach **DEFIBRILLATOR** (AED-Automated External Defibrillator)
as soon as possible and follow its prompts